

**Learn. Grow. Change the World.**

# Navigating and Embracing Personality Differences

Lean in and work better together

**Audience:** All Employees \ **Available:** Live Virtual or In-Person

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**Lean in to understanding what makes others innately thrive, to build a stronger work environment.**

In preparation for this workshop, participants will take the Real Colors® personality assessment which is based on psychologist David Keirsey's Temperament Theory™.

Real Colors® is a simple and intuitive personality type test for identifying the four temperaments common to all people. These temperaments are characterized by the colors Blue, Gold, Green and Orange and the test provides users with an effective tool for understanding human behavior, for uncovering motivators specific to each temperament, and for improving communication skills.

Participants will not only gain more awareness about their dominant temperament type, but they will understand the strengths, values, joys, and needs of their colleagues whose dominant temperament types are different.

This understanding, when leveraged, can promote a working environment where there is greater appreciation for others, increased collaboration, enhanced communication, awakened motivation, and more inclusive practices.

## Learning Objectives

1. Understand the foundation of personality theory
2. Increase insight of one's own temperament
3. Understand how people of different temperaments engage and process information
4. Develop a personal plan on how to use temperament insight to build stronger working relationships

## Instructor

Angela Dash, PhD has over 20 years of leadership experience and is the President of The Pace Institute, LLC. It is her mission to support others in strengthening relationships and setting course in times of conflict, change, and opportunity and she does this through executive and professional coaching, group training, dialogue facilitation, and organizational conflict management consulting.

She has supported the growth and development of employees from organizations such as the State of Georgia, County of Los Angeles, Johnson and Johnson, Zillow, Spotify, and the New York Times and is known to be an evoker of greatness - supporting others in learning, growing, and changing the world.

## Sample Agenda

- Introduction to personality theory
- Understanding your Real Colors® scores
- Understanding and appreciating the four temperaments
- Create a personal plan for integrating new learning

*This workshop requires a pre-learning activity for all participants, by completing a Real Colors® personality test.*